

**Norwegian Council for Mental Health**

**23.04.2014**

**Praha**

**Arne Ørum, international cooperation**



**RÅDET FOR PSYKISK HELSE**

- **The Norwegian Council for Mental Health (NCMH)**
- **NCMH is a mental health coalition – a humanitarian organization that includes most of the major actors in the field of mental health, research institutions, universities, professional associations and NGOs**



- **Norwegian Medical Association, Norwegian Psychiatric Association**
- **The Norwegian Psychological Association**
- **The Norwegian Nurses Organization**
- **The Norwegian Physiotherapist Association**
- **The Norwegian Occupational Therapy Association**
- **Norwegian Union of Municipal and General Employees (NUMGE)**
- **Norwegian Union of Social Educators and Social Workers (FO)**
- **The Norwegian Prison and Probation Officers Union**



- **University of Oslo**
- **University of Bergen**
- **University of Tromsø**
- **University of Agder**
- **Norwegian University of Science and Technology, Trondheim**
- **Buskerud University College**



- **National Norwegian Red Cross Committee**
- **Norwegian Church SOS**
- **Norwegian Church Social Service**
- **Mental Health Norway**
- **Mental Health Youth**
- **National Association for lesbians, gays, bisexuals and transgender people**
- **National Association for Next of Kin in Psychiatry**
- **Norwegian ADHD Association**
- **Norwegian Tourette Association**
- **Norwegian Bipolar Association**
- **The Association for Women with Eating Disorders**
- **Adults for Children**
- **White Eagle**
- **Aurora**
- **Counselling on eating disorders (ROS)**



- **The task of NCMH - to promote:**
- **Advocacy – for mental health**
- **Conscientiousness - Awareness**
- **Open-mindedness towards mental health issues**
- **An end to taboos and myths**
- **Research**
- **Education and production of resources**
- **Prevention**
- **Mental health care and rehabilitation**
- **Activities initiated by user-organizations**
- **Information activities**
- **Involvement in policy issues**
- **Impact on decision making**
- **Mental health care**



- **Special focus areas are:**
  - Children and adolescents
  - Decentralization of services – provision of service locally
  - Initiatives for reduction of coercion and compulsive treatment in psychiatry
  - The importance of well-being in working life, schools and education



## **NCMH International involvement**

- **Over the years, in Europe, (West Balkans), Asia, Africa and the Middle East.**
- **Currently winding up after 9 years in the Middle East - *Mental health in Arabic: A regional programme for the Middle East & North Africa, Mental health for a new generation* is run by a local partner, *Arab Resource Collective (ARC)* based in Beirut. The objective is to develop a resource culture for mental health: Literature and information-material for the health- and the educational sectors**
- **New approach – in Europe EU/EEA – involvement in Hungary, Slovenia and Estonia.**

